



April 2018

www.brownwoodfitnesscenter.com

	Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	5:00 AM UPSTAIRS	Bobbie		Bobbie			"Like" us on Facebook & Join our "BFC Group Fit" Group 325-641-3488
	5:30 AM	Lee	Lee	Lee	Lee	Lee	
	8:30 AM		Stacee	9:00am Lindsay	Krystal		9:00 AM TEAM
	9:30 AM	Connie	Stacee	Stacee	Stacee	Connie	10:00 AM Adam
	9:30 AM UPSTAIRS	Skye	Holly	Holly	Holly	Skye	10:30 AM TEAM
	10:40 AM	Stacee					10:30 AM UPSTAIRS TEAM
	10:40 AM UPSTAIRS	Connie				Connie	<div style="border: 1px solid gray; padding: 5px; text-align: center;"> <p>All Martial Arts and Bootcamps are an additional Fee.</p> <p>ADVOCARE WE BUILD CHAMPIONS™</p> </div>
	11:00 AM		BF-CENIOR DANCE Brittany		BF-CENIOR DANCE Brittany		
	11:40 AM	Sunshine		Sunshine			
	12:00 PM		BF-CENIORS		BF-CENIORS		
Afternoon	4:30 PM	Becky/Adam	Adam	Becky			<div style="border: 1px solid black; padding: 5px;"> <p>OFFICE HOURS:</p> <p>Monday-Thursday 8:00-7:30pm</p> <p>Friday 8:00-6:30</p> <p>Saturday 8:45-12:15</p> <p>CHILDCARE HOURS:</p> <p>Mornings</p> <p>Monday & Fridays 9:15am-12:00pm</p> <p>Tues/Wed/Thur 8:15am-12:00pm</p> <p>Saturday 8:45am-12:00pm</p> <p>Evenings</p> <p>Monday-Thursday 4:15pm - 7:30 pm</p> </div>
	4:30 PM UPSTAIRS		Bobbie		Bobbie		
	5:40 PM UPSTAIRS	Leslie		TEAM			
	5:30 PM	Becky	Lee	Becky	Lee		
	6:40 PM UPSTAIRS	TEAM		TEAM			
	7:15 PM	Kung Fu Karate w / Auggie		Kung Fu Karate w / Auggie			